

# Lose Yourself - Eminem Lyrics

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## "Lose Yourself"

Look, if you had one shot or one opportunity  
To seize everything you ever wanted in one moment  
Would you capture it, or just let it slip? Yo

His palms are sweaty, knees weak, arms are heavy  
There's vomit on his sweater already, mom's spaghetti  
He's nervous, but on the surface he looks calm and ready  
To drop bombs, but he keeps on forgetting  
What he wrote down, the whole crowd goes so loud  
He opens his mouth, but the words won't come out  
He's choking, how? Everybody's joking now  
The clock's run out, time's up, over, blaow  
Snap back to reality, ope there goes gravity, ope  
There goes Rabbit, he choked, he's so mad but he won't  
Give up that easy, no, he won't have it, he knows  
His whole back's to these ropes, it don't matter, he's dope  
He knows that but he's broke, he's so stagnant, he knows  
When he goes back to this mobile home, that's when it's  
Back to the lab again, yo, this old rhapsody  
Better go capture this moment and hope it don't pass him, and

You better lose yourself in the music  
The moment, you own it, you better never let it go (Go)  
You only get one shot, do not miss your chance to blow

This opportunity comes once in a lifetime, yo  
You better lose yourself in the music  
The moment, you own it, you better never let it go (Go)  
You only get one shot, do not miss your chance to blow  
This opportunity comes once in a lifetime, yo  
You better...

His soul's escaping through this hole that is gaping  
This world is mine for the taking, make me king  
As we move toward a New World Order  
A normal life is boring; but superstardom's  
Close to post-mortem, it only grows harder  
Homie grows hotter, he blows, it's all over  
These hoes is all on him, coast-to-coast shows  
He's known as the Globetrotter, lonely roads  
God only knows, he's grown farther from home, he's no father  
He goes home and barely knows his own daughter  
But hold your nose, 'cause here goes the cold water  
These hoes don't want him no more, he's cold product  
They moved on to the next schmoe who flows  
He nose-dove and sold nada, and so the soap opera  
Is told, it unfolds, I suppose it's old, partner  
But the beat goes on, da-da-dom, da-dom, dah-dah, dah-dah

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No more games, I'ma change what you call rage  
Tear this motherfuckin' roof off like two dogs caged  
I was playin' in the beginning, the mood all changed  
I've been chewed up and spit out and booed off stage  
But I kept rhymin' and stepped right in the next cypher  
Best believe somebody's payin' the Pied Piper  
All the pain inside amplified by the  
Fact that I can't get by with my nine-to-  
Five and I can't provide the right type of life for my family  
'Cause man, these goddamn food stamps don't buy diapers  
And there's no movie, there's no Mekhi Phifer, this is my life  
And these times are so hard, and it's gettin' even harder  
Tryna feed and water my seed, plus teeter-totter  
Caught up between bein' a father and a prima donna  
Baby mama drama, screamin' on her, too much for me to wanna  
Stay in one spot, another day of monotony's  
Gotten me to the point I'm like a snail, I've got  
To formulate a plot or end up in jail or shot  
Success is my only motherfuckin' option, failure's not  
Mom, I love you, but this trailer's got  
To go; I cannot grow old in Salem's Lot  
So here I go, it's my shot, feet, fail me not  
This may be the only opportunity that I got

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You better...

You can do anything you set your mind to, man

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